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# Three Bridges

## PRIVATE PRACTICE

We visit a new private GP practice in the picturesque village of Harringworth, where time, continuity of care and a sense of calm sit at the heart of a more personal approach to modern healthcare

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**A**S YOU DRIVE into Harringworth, the sense of arrival is unmistakable. The village reveals itself gently, framed by open countryside and watched over by the imposing arches of the Harringworth Viaduct, a landmark that has defined this landscape for generations. Sheep graze quietly in the neighbouring fields, and the pace of life seems to slow almost instinctively as you approach.

This tranquil, uplifting setting is fitting for Three Bridges Private Practice, a new GP-led healthcare service rooted firmly in calm, time and personal connection. Housed in sensitively converted former farm buildings just outside the village, the practice feels deliberately removed from the pressures and bustle so often associated with medical appointments. Light-filled, airy and thoughtfully designed, it offers a sense of space – both physical and mental – from the moment patients arrive.

Outside, parking is a breeze; inside, the welcome is warm and unhurried. Patients are greeted by the reception team, Dawn and Amie (at least one of whom will be there each time you visit), and offered tea or coffee as they settle in. It is a small detail, but an important one: a signal that here, you are not being rushed through a system, but invited into a place where time and attention still matter.

### The Doctors Behind the Practice

The practice is led by Dr Amanda Davison and Dr Leon Roberts, both long-standing local GPs with extensive NHS experience. Their approach reflects a belief that good general practice depends on time, familiarity and an ongoing understanding of patients as individuals. 'It's about having the time to really listen,' says Dr Davison. 'When patients come here, they can expect thoughtful, whole-person clinical care. That benefits them – and it allows us, as doctors, to provide the best care we possibly can.'

Dr Davison has spent many years working as a GP across Rutland and Lincolnshire, building strong relationships with patients and developing particular interests in healthcare of the elderly, women's health and disease prevention. Dr Roberts brings a different but



complementary perspective. After 20 years as an Army Medical Officer, he worked in local general practice whilst flying on a regular basis on the local Derbyshire, Leicestershire and Rutland Air Ambulance, where he continues to work as part of the emergency medical team.

### How the Practice Works

The practice operates on a membership basis, designed to offer year-round reassurance. Annual membership for adults includes an initial in-depth consultation, during which medical background, current concerns and future needs are explored fully. Subsequent appointments are booked as needed, with clear pricing set out on the practice website.

Children under 16 are welcomed as junior members free of charge when a parent or legal guardian is a member, with standard appointment fees then applying.

Appointments at Three Bridges last at least 30 minutes, allowing time for careful discussion and considered decision-making. Patients are not passed between clinicians or asked to repeat their medical history at every visit; instead, they can choose which GP they see and build an ongoing relationship over time. The same sense of continuity extends to the reception desk, where familiar faces ensure each visit feels personal rather than procedural. 'None of us likes to be poorly,' says Dr Davison. 'And on top of that, trying to access care can be stressful. From the moment someone comes through the door, we want them to feel calm, listened to and supported.'

On-site services include blood tests, ECGs and swabs, often carried out during the same appointment, removing the need for multiple visits or referrals elsewhere. Results are communicated promptly by phone, text or email. Private prescriptions can be issued where appropriate, and referrals arranged when specialist input is required.

Although Three Bridges is a private practice, both doctors are keen to emphasise that it works alongside the NHS. All patients remain registered with their NHS GP for routine screening, vaccinations and emergency care, with NHS records kept up to date.

### The Clients

For some patients, the appeal of Three Bridges lies less in private healthcare itself and more in the practicalities of modern life. The practice may suit those who are time-poor, self-employed or juggling busy working days, where taking hours out to attend an appointment simply isn't realistic. Here, appointments are booked at a time that suits the patient, with care taken to run to schedule, allowing patients to plan and manage their time with confidence and ease. 'People want access to a doctor, but they also want certainty,' explains Dr Roberts. 'If your time is limited, knowing that you can come in, be seen properly, and get clear next steps without a long wait can make a real difference.'

That efficiency, however, does not come at the expense of care. Appointments are deliberately longer, allowing space for thoughtful discussion and careful assessment. The result is a service that feels both unhurried and well organised: patients can be in and out efficiently, yet still feel genuinely listened to and supported during their time with the doctor.

### A Practice Shaped by Place

Harringworth sits within easy reach of Oakham, Stamford, Uppingham and Oundle, making the practice convenient for patients across Rutland, Northamptonshire and the surrounding villages. Still relatively new, following a soft launch in October and opening fully shortly afterwards, Three Bridges already feels well established. The name reflects the local landscape, inspired by the journey through the village, with the railway above and the river below – a subtle nod to place and connection.

Asked what they are enjoying most so far, both doctors reflect on how settled the practice already feels. 'I love having the time to get to know patients properly,' says Dr Davison. 'That relationship is what general practice is really about.' For Dr Roberts, the sense of belonging is equally strong. 'I feel very at home here,' he says. 'And you can see that patients do too. You feel it in the building as soon as you walk in.'



*ABOVE: Dr Leon Roberts and Dr Amanda Davison, the two local, highly experienced GPs behind Three Bridges Private Practice.*

*OPPOSITE: Named after the village's three bridges, the practice is housed in sensitively converted former farm buildings, designed to feel light, welcoming and unhurried, with parking and disabled access on site.*

*The iconic Harringworth Viaduct rises above the village, setting the tone for a practice shaped by calm, space and its rural surroundings. Open countryside and grazing sheep sit alongside Three Bridges, reinforcing the sense of peace and perspective that defines the setting.*

*'I love having the time to get to know patients properly. That relationship is what general practice is really about'*

**THREE BRIDGES PRIVATE PRACTICE  
PERCY'S BARN  
SEATON ROAD  
HARRINGWORTH NN17 3AF**

**OPEN: MON-FRI (EXCL. BANK HOLS)  
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